

Style & fashion



with Bernie Delaney



Hair care advice at a salon with idyllic views

'A room with a view' is certainly how I would describe the salon I had the pleasure of visiting recently. Angela Kiely of 'Koppertopz' certainly knew what she was doing when she chose such a setting for a hair salon. Ideally situated overlooking the runway of Strandhill airport and the Atlantic Ocean, Koppertopz has the most beautiful, tranquil views. One could almost forget you were in a hairdressing salon and imagine you were in a luxury hotel being pampered.

If the view is enough to entice you in, then what about a hair cut and/or treatment 'Just because you're worth it'. An exclusively L'Oreal salon, Koppertopz has an extensive range of treatments available both for salon use and for purchase. Angela said: "I have worked with many different products in various salons, but L'Oreal has always been my favourite."

"L'Oreal has such a vast range to choose from, there is something to suit everyone regardless of their hair type, colour, style or damage."

Angela continued: "L'Oreal are continually striving to better their products and they frequently launch new treatments to enhance those currently available."

One such treatment exclusively available for in-salon use is the 'Power repair B, Neofibrine'. This repair product has a unique combination of ceramide, silicones and a UV filter to strengthen

the hair's internal cellular structure and protect against external aggression.

Almost every female and indeed many males are exposing their hair to heated styling tools, harsh brushing or combing, over use of products, chlorine in swimming pools and of course the natural elements like sun, wind and radiation. Neofibrine seeks out and restructures damaged surface areas, resulting in the hair becoming instantly nourished and transformed into soft, shiny more manageable hair.

I spoke at length to Angela about the use of heated styling tools by teenagers in particular although not exclusively. Angela stated that many of those using such tools have purchased them from sources other than a hair salon. If the products are purchased from the salons, the staff will educate those intending to use them. The risks are greater when over used and if the protective products that are available are not used.

Many teenagers are using the heated tools more often than necessary, in some cases a couple of times a day. Angela did however comment that the very sleek straight look is not as much in vogue at the moment. One can only hope that those who over use such tools will continue to follow fashion and change their hair style accordingly.

In our conversation we also discussed the problems individuals are having with their hair.



Angela Kiely, proprietor and Georgina Howley.

Many complain about not being able to retain that glossy healthy look, between visits to the hairdresser.

Angela informed me that very often individuals are not using the correct shampoo and/or conditioner for their hair. She said "an individual's hair can change many times over their lifetime for various reasons, it is vital that one gets professional advice on which products would suit their hair best."

Angela added, "many individuals continue using the same products year in year out, and remain unaware of the newer products that are available, which are much more effective."

Some of the very many L'Oreal products available for use in 'Koppertopz' and at home include:

1. Colour care

- Vitamino colour (colour protection for colour treated hair),
- Lumino contrast

- (radiancy for highlighted hair),
- Shine blonde (brightening and repair for blonde hair)
- Silver (clarity and shine for grey and white hair)

2. Repair care

- Absolute repair (repair for very damaged hair)
- Intense repair (nourishment for dry hair)
- Solar sublime (sun protection for all hair types)

3. Texture care

- Volume expand (volume for fine hair)
- Liss ultime (smoothing and control for unmanageable, frizzy hair)
- Age densiforce (density and vitality for mature hair)
- Shine curl (curl-enhancing definition for curly hair)

4. Scalp care

- Detox & control (for oily scalp)
- Scalp de-stress treatment (for sensitised/dry scalp)
- Exfoliating treatment (for dandruff)

5. Reinforcing care

- Force vector (reinforcing care for weak, brittle hair)

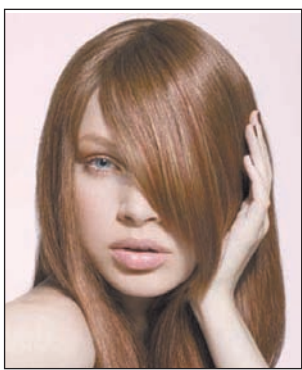
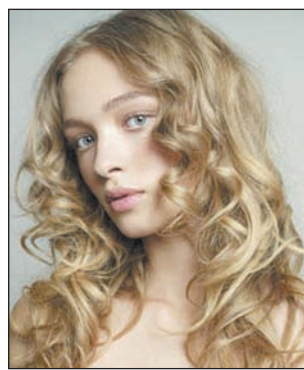
There is also an extensive list of in-salon treatments available, why not call in a discuss these with Angela who will be more than glad to identify the most appropriate

treatment for your hair. Koppertopz are currently offering a free treatment for those having colours and/or highlights, so why not enjoy an in-salon treatment and upgrade your hair to luxury status.

We are all well aware of the effect our hair has on our appearance and our self confidence. Most of us want a hairstyle that is easy to manage and stylish without the major cost factor. It is vital that you leave your hairdresser feeling that you have had the stylist's undivided attention and that your experience has been a memorable one. I can assure you that this is the kind of attention you will receive in Koppertopz hair salon in Strandhill (airport road).

Ladies, gents and children catered for, on the other hand if you would like an hour or two, to yourself 'Saints and Scholars' crèche is just two doors away, where you can avail of an hourly rate to have your child/children looked after. Adequate parking is available so you have no worries about parking fees or spaces.

If you have any beauty or fashion queries or items you would like me to test or feature, please email me at berniemdelaney@eircom.net or phone 087 9499366. I would be delighted to discuss your queries with you.



Pamela Scott Autumn Winter Collection



Cobalt blue, black and white cow neck dress €69.95
Black oversize leather bag €59.95



Purple tunic top / dress €35
Black Mary Jane style shoes €45
Brown / Black / Green crocodile leather bag €69.95



Stripe top with diamante studded gathered bust €39.95.
Jeans €59.95
Grey and black pearl bracelet €15



Black fitted dress with pleated front and pencil belt €69.95
Red bracelets €12 each

LOOK of the week



Love Label

- Definitions sleeveless blouse €59
- Ponteroma trousers €49
- Buckle detail fedora €69
- Love Label Scandal frill platform ankle boots €44

* Love Label is exclusive to Littlewoods Ireland
To find out more about Littlewoods Ireland, to order a catalogue or to shop online, visit www.littlewoodsireland.ie

Radisson Blu Hotel & Spa host Wedding Fair

The elegant Radisson Blu Hotel & Spa, Sligo provides stunning views and a stylish backdrop for weddings to remember; and as a way to experience the glamour and style of the Radisson at first hand, visit the Wedding Fair being held in the hotel on Sunday 6th September from 2pm.

The Radisson Blu Hotel & Spa, Sligo provides a fabulous venue in which to celebrate your wedding, and now also the perfect venue in which to get married, as the Knocknarea Suite is registered with Sligo's Marriage Registrar and offers an intimate setting for up to 100 guests to celebrate your civil wedding ceremony.

This private room located on the second floor of the hotel is filled with natural daylight and offers beautiful views of Sligo Bay. For civil marriage ceremonies this room is set with seating for your guests, a crisp white linen covered top table for the Registrar and a linen covered seating for the bride and groom. Church candles around the room provide a touch of magic and

romance.

Come and see the Knocknarea Suite, as well as the other lavish suites and intimate rooms ideal for large or small weddings at the Radisson Blu Hotel's Wedding Fair; bigger and better than ever, with a host of wedding service providers giving brides and grooms-to-be the opportunity to see a great selection of what is available. Executive Chef Joe Shannon will also be on hand with samples of the hotel's delicious weddings menu.

With a fashion showcase from EJ's Menswear and Simone's Bridal of Sligo and Your Perfect Day of Castlebar as well as hats from Get Ahead Hats, there will also be a wide range of entertainment on the day from the New Avengers, Concord, Scruffy Duffy Entertainment, singer Nollag Mc Hale, jazz from The Odd Couple, Innisfree String Quartet and Celtic Rhythm Irish Dancers.

With displays and representatives from companies involved in every aspect of the big day, brides and grooms can take notes

and discuss choices after viewing David Knight Photography, Frances Muldoon Photography and Dave O'Dwyer Photography, North West Limos and Prestige Wedding Cars, flowers from Feehily's Florist, wedding cakes from O'Hehirs Bakery and Cannaboe Confectionery, wedding favours and accessories from Occasion Royale, Allure designer accessories, cascading chocolate fountain hire, Wedding Chair Cover, Cavan Crystal, AVA for audio-visual hire and award-winning hairdressers Salon 2. After absorbing all that information, the happy couple-to-be might enjoy chatting to Mullaney's Travel to plan the relaxing honeymoon after the big event!

Radisson Blu Hotel & Spa, Sligo has a number of wedding packages available, with creative and delicious menus, great accommodation rates for your wedding guests, and with the hotel's reputation for luxurious comfort, exquisite elegance, fine food with service to match and famous attention to detail, your wedding could not possibly be in better hands. And, for the ultimate in pampering on the day before (or the day after!) Sólás Spa & Wellness Centre, is a world-class spa designed for pleasure.

The Radisson Blu Hotel & Spa, Sligo Wedding Fair is on the 6th of September from 2pm.