

Programme for 7-9year old girls.

All topics included on programme will be covered; however the running order is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
Fashion, including, Likes and dislikes, Style influences, personalities,	Basic skin care, face and body, Including hygiene and SPF	Hair care Shampooing, conditioning, drying and brushing/combining	Jewellery, drawing and designs.	Compliment sharing. Good posture in seating and standing, and walking.
Colour matching Using the colour wheel Identifying primary and secondary colours	Playing with Make-up/ application* on mannequins and on paper faces. * no make-up will be applied to children's skin	Braiding, plaiting, and adding accessories.	Matching jewellery to outfits	Hand care Nails and cuticles and proper hand washing.
Drawings and designs using stencils and paper figures NB Children get to bring home all of their designs and they keep the book of stencils (RRP €10)	Cleaning make-up brushes and keeping products tidy and clean, Including practical session (water play)	Playing with wash out colours and applying* to mannequins hair. * no hair colouring will be applied to children's hair	Making pieces of jewellery. NB Children get to keep the pieces of jewellery they create.	Nail painting* and nail art. * Children's nails will only be painted with prior agreement from parent/guardian