

Programme for 9-11 year old girls.

All topics included on programme will be covered; however the running order is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fashion, including, Likes and dislikes, Style influences, personalities,</p>	<p>Basic skin care, face and body, cleansing  Including hygiene and body odour, and SPF</p>	<p>Hair care Shampooing, conditioning, drying and brushing/combining</p>	<p>Jewellery, drawing and designs.</p>	<p>Compliment sharing. Confidence boosters Good posture in seating and standing, and walking.</p>
<p>Colour matching Using the colour wheel Identifying primary and secondary colours</p>	<p>Playing with Make-up/ application* on mannequins and on paper faces. Do's and Don'ts of makeup.  * no make-up will be applied to children's skin</p>	<p>Braiding, plaiting, and adding accessories. Styling, maintenance of brushes and equipment.</p>	<p>Matching jewellery to outfits and considering skin colour.</p>	<p>Hand care Nails and cuticles and proper hand washing. Foot care.</p>
<p>Drawings and designs using stencils and paper figures  NB Children get to bring home all of their designs and they keep the book of stencils ( RRP €10)</p>	<p>Cleaning make-up brushes and keeping products tidy and clean,  Demonstration; Different brushes and their functions, make up application demo.</p>	<p>Playing with wash out colours and applying* to mannequins hair.  * no hair colouring will be applied to children's hair</p>	<p>Making pieces of jewellery.  NB Children get to keep the pieces of jewellery they create.</p>	<p>Nail painting* and nail art.  * Children's nails will only be painted with prior agreement from parent/guardian</p>